# THE WAYNE MESSENGER

# PUBLISHED BY THE WAYNE COMMUNITY CHURCH, UNITED METHODIST

#### Volume 97

# WAYNE COMMUNITY CHURCH P.O. Box 300

Wayne, ME 04284 (207) 685-3505

#### Hannah Faulkner, Admin. (207) 685-3505 wayneumc@roadrunner.com

Office Hours: Usually Tuesday - Thursday 11am - 3pm or by appt.

Rev. Angela Rotherham pastorwayneumc@gmail.com (207) 685-3505

**WORSHIP SERVICE** Sunday at 9:30am

Childcare is available year round and the Church is wheelchair accessible.

Sunday School for preschool and grades K-8 meets during worship, at 9:30am throughout the school year.

If you are unable to make Sunday Service, Sermon podcasts are available at <u>http://</u> <u>wayneumc.buzzsprout.com/</u> (there is also a link on the Worship page of the website-<u>www.wayneumc.com</u>)

Choir Rehearsals

Thursdays at 6:30-8:00 p.m.

Pooh Bear Nursery School (207) 685-9114 (207) 685-3505

**THE WAYNE MESSENGER** Gina Lamarche, Editor editorwcc@gmail.com

News for the November Messenger is due by 5 pm October 15 at editorwcc@gmail.com.

If you'd like to receive the Messenger via email, send your email address to editorwcc@gmail.com.

www.wayneumc.com

#### No. 10

"I pray that they will be one, Father, just as you are in me and I am in you" (John 17: 21).

In the liturgical (worship) calendar of the church, October is a month of contradiction – unity and division. We begin with World Communion Sunday on October 6. This special Sunday was started by the Presbyterian Church (USA) in 1936 as a way to begin to heal a war torn world. World Communion Sunday is an opportunity for Christians around the world to break bread with one another and look forward to the day when Christ will come again and divisions will be no more.

But we end October with Reformation Sunday on October 27 - a day that marks the great divide between the Roman Catholic Church and the Protestant Reformation. This is the day we remember when a priest, Martin Luther, nailed his 95 Theses onto the doors of the church in Wittenberg, Germany more than 500 years ago, lending fuel to a flame that was just beginning to catch.

Our lives are full of contradictions. On Peaks Island, we lived across the street from an elementary school. During afternoon recess, I loved hearing the squeals of joy and laughter coming from the playground, but I did not appreciate them at 7:30am when they woke me from a deep slumber. And yet, without those sounds, it would have meant the island no longer had enough children for a school; it would have meant our community was dwindling and wasn't able to sustain young families; it would have meant we had an unhealthy community without much diversity.

October 1, 2019

We often define diversity by our outward appearance: ethnicity, socio-economic status, age, gender identity, sexual orientation, etc. But diversity can also be defined by our many gifts (1 Corinthians 12): wisdom, knowledge, faith, healing, teaching, and communicating across many languages, to name a few. All of these gifts do not exist within one person. But each person DOES have at least one gift to share. Our diversity on all levels is essential in order for the community to be healthy and whole.

It takes intentionality and real effort to build relationship with people we don't know, don't trust, and don't agree with. Yet, that is Christ's prayer for us – that we learn to become one, united in love. It's not about agreeing on everything, it's about finding common ground from which we can stand together and find creative ways to bring about justice and peace, creative ways to protect the earth and share her resources, creative ways to heal and to uplift each other. It's about being brave enough to break bread together and allow ourselves to be changed by the experience.

I look forward to breaking bread with you.

Grace and peace,

Pastor Angela



View across Pocasset Lake, Margot Gyorgy

#### Dear Wayne Messenger Recipient,

Each year we ask each reader of The Wayne Messenger to make an annual donation. Thanks to the generosity of many of you, for the past three years we have been able to cover production costs for our Editor and Administrative Assistant salaries, printing and postage, exceeding \$9,000 annually. Thanks to all of you who make this possible.

By the time you read this, we hope that we will have a new Editor in place, as Gina Lamarche has resigned due to her family's move to southern Maine. We are very grateful for the time and expertise that Gina gave to the Messenger over the last year.

We continue to need the support of all of you, both email and postal recipients, to ensure the sustainability of The Messenger, now and in the future. If you receive your copy in the mail, we have enclosed an envelope for your donation, which we hope you will return at your earliest convenience for 2019. For those receiving The Messenger *via email*, please mail your contribution to Wayne Community Church, PO Box 300, Wayne, ME 04284. If you have already sent us a donation this year, thank you so much for your support!

If you have any questions or comments about The Wayne Messenger, please feel free to contact the WCC Administrative Assistant at wayneumc@roadrunner.com.

Thank you, WCC Messenger Committee

#### CHURCH CALENDAR (Sunday Worship at 9:30 am)

- 10/1 **SPRC** at 6:30 p.m.
- 10/6 **Coffee** following the Service, thanks to the **Outreach Committee**.
- 10/13 **Guest Preacher Jordan Shaw** holds a Bachelor of Arts in Sociology and Religion from the University of Maine at Farmington and a Master of Divinity from Bangor Theological Seminary. A former pastor in the United Methodist Church, Jordan G. Shaw, M. Div., is now a layperson completing education to provide mental health services to clergy and their families. At the University of Southern Maine he is finishing a Master of Science in Clinical Mental Health Counseling with a Specialization in Working with Families. Jordan Shaw, M. Div., lives with his spouse and their 2 beagle mixes in Wilton, Maine.
- 10/20 Laity Sunday Guest Speaker Jim Van Cott of our Lay Leadership Committee. Coffee following the service, thanks to the committee members.

- 10/21 Ad Council at 6:30 p.m.
- 11/3 All Saints Sunday. Coffee following the service, thanks to the Memorials Committee.

Harvest Supper & Craft Fair at Camp Mechuwana, 91 Holmes Road, Winthrop, Maine. Craft fair begins at 3 p.m. in the Yurt. Supper served from 4:30 – 6:00 p.m. in the Dining Commons.

11/5 **Trustees Community Dinner** 5-7 p.m. The community dinner tradition is back! All are welcome to a free community dinner hosted by the Trustees in our Fellowship Hall. Bring your friends and neighbors for a tasty meal and good conversation.

Please visit the church website where you will find updated church information, calendar, duty schedule, current and past issues of *The Wayne Messenger*, as well as a link to listen to Sunday sermons. Go to: <u>www.wayneumc.com</u>

#### **BIRTHDAYS & ANNIVERSARIES**

#### OCTOBER BIRTHDAYS

1- Dawna Gardner 1--Gaeton English 3—Mike Mullen 5--Karin Lyman 5--Art Cleaves 6--Brenda Gould 6--Carroll Lane 7--Dick O'Connor 9--Charlotte Coulombe 9--Mary Freeman 10--Dr. Tony Gotto 11--Russell Bousquet 13--Kristin Murray-James 14--Elaine Lincoln 14--Eric Stinneford 14—Lana Sturtevant 15--Lois Dole

16—Wallace Penrod 17--Jennifer Ross 17--Ken Spalding 18--Doris Anne Holman 20--Anita Gotto 20--Roger Kneeland 21--Connie Cleaves 22--Dorian Edwin 23--Rev. Dr. Bill Nye 25--Jon Olson 25--Karen Weiner 26--Rachel McPhedran 27--Ray Jacobsen 28--Florence Rollins 29--Beth Milliken 30--Sue Boothby 31--Linda Morin

#### OCTOBER ANNIVERSARIES

1--Henry & Mary Alice Cook (59years)
5--David & Hazel Stevenson (34 years)
7--George & Wendy Bardaglio (35 years)
7--John & Bonnie Wilder (52 years)
8--Andy & Kelly Kittel (31 years)
8--Tracy and Patrick McAleer (2 years)
12--Lincoln & Gloria Ladd (39 years)
17--Sonny & Mary Farnham (66 years)
20--Chet & Charlotte Coulombe (29 yrs.)
21--Wayne Crowley& M.T. Clark (30yrs.)



#### NOVEMBER BIRTHDAYS

2--Kevin Wellenius 3--Cheryl Wheeler 3--Nancy Smith 3--Nancy Lyman 4--Lloyd Irland 5--Carole Fylstra 5--Peter Castonguay 5--Matt Crane 6--Misty Favreau 7--Herbert Baker 7--Joan Stiehler 9--Jan Folk 9--Laura Smith 10--Kathryn Soderberg 11--Chris Ireland 11--Julie Cundiff 12--Mike Murray 15--Paul Bright

15--Lisa Lincoln 15—Leo Behrendt 15--Anna Ryerson 15--Perry Ryerson 17--Rich Rothe 18--Pat Lindberg (86) 19--Amy Black 19--Gloria Foss 19--Martha Hoddinott 20--Iim Perkins 21--Muffy Ireland 21--Susan Banden 21—Jason Stevenson 22—Laurie Lambertson 22--Robbin Mullen 23--Jerry Freeman 25--Patrick Mullen 25--Susan Webbert

#### NOVEMBER ANNIVERSARIES

- 13--Bernard & Callie Campbell (20 years)
- 14—Dan and Rev. Angela Rotherham (3 years)
- 19--Mike & Carol Ladd (42 years)
- 22-Greg & Rachel Jellison (16 years)
- 28--Rob & Denise Boothby (11 years))



# **CHURCH NEWS**

#### **DUTY SCHEDULE**

If you need to change your duty, **please arrange a swap** and leave a message at the church office, 685-3505, as soon as possible by 11 a.m. Wed. The Worship Committee now oversees the schedule. If you need help, call Holly at 685-9005.

INVITATION TO PARTICIPATE IN THE DUTY SCHEDULE ~ ALL WELCOME--For anyone with an interest in serving in any of the capacities listed below, please contact the Worship Committee or Holly Stevenson, 685-9005, hollystv@hotmail.com. We welcome your involvement in the life of our church.

**10/6/19 – Holy Communion--**Ushers: *Doug Stevenson and Taylor Stevenson*. Greeter: *Emily Clifton*. Acolyte: *Adney Boothby*. Worship Leader and Liturgist: *Margaret Lane*. Welcomer: *Barb Rothe*. Flowers: *Rita Bright*. Nursery Attendant: *Megan Bachelder*.

10/13/19--- Ushers: Charley Bonney and Peter Ault. Greeter: Nan Lincoln. Acolyte: Annah Rothe. Worship Leader and Liturgist: Doug Stevenson. Welcomer: Judy Danielson. Flowers: Debbie Craig. Nursery Attendant: Judy Danielson.

10/20/19—-Laity Sunday--Ushers: Tom Cook and Paul Bright.. Greeter: Jan Cook. Acolyte: Julieta Peralta. Worship Leader and Liturgist: Connie Irland Welcomer: Margaret Lane. Flowers: Gloria Foss.. Nursery Attendant: Holly Stevenson.

**10/27/19--**Ushers: Tom Fylstra and Debbie Craig. Greeter: Aaron Chrostowsky. Acolyte: Carolina Bachelder. Worship Leader and Liturgist: Linda McKee. Welcomer: Mike Ladd. Flowers: Nan Lincoln. Nursery Attendant: Carolina Bachelder.

11/3/19---All Saints Sunday-- Ushers: Lloyd Irland and George Dragonetti. Greeter: Norma Boothby. Acolyte: Adney Boothby. Worship Leader: Holly Stevenson. Liturgist: Lincoln Ladd. Welcomer: Holly Stevenson. Flowers: Sharon Bonney. Nursery Attendant: Sue Spalding.

11/10/19--- Ushers: Charley Bonney and Hobie Ellils. Greeter: Pat Ellis. Acolyte: Annah Rothe. Worship Leader and Liturgist: Linda Kindig. Welcomer: Barb Rothe. Flowers: Judy Danielson. Nursery Attendant: Megan Bachelder.

#### WINTHROP HOT MEAL KITCHEN IS NOW OPEN FOR THE 2019-2020 SEASON

On Mondays, Tuesdays, Wednesdays and Thursdays, the Winthrop Hot Meal Kitchen opens at 11:30 a.m. at St. Francis Church in Winthrop to provide a hearty lunch. All are welcome to enjoy good company and a delicious free meal prepared by experienced cooks and helpers, who volunteer their services. No questions are asked about income. For more information, call Steve Dodge at 620-0488.

The Winthrop Hot Meal Kitchen welcomes donations from the public towards their food purchases. They obtain some food from the Good Shepherd Food Bank at a low cost, other items are found at supermarket sales. The Hot Meal Kitchen especially likes to receive donations of Hannaford gift cards for purchasing the groceries they need. If you would like to purchase a Hannaford gift card, a simple way to do this is to call the church office at 685-3505 for details about the Wayne Community Church Hannaford gift card program, a convenient way to buy gift cards locally at the same price you'd pay at a Hannaford store.



#### **TOWN OF WAYNE NEWS & ANNOUNCEMENTS**

#### Town News – October 2019

Your **2019 property taxes** were committed in August and tax bills were mailed at the end of August. **Property taxes are due on Tuesday October 1st, 2019.** We were able to lower the mill rate that was presented at Town Meeting, 17.99 Mil Rate to actual 17.96 Mil Rate due to unexpected increases in State Revenue Sharing and better than projected Total Taxable Valuation.

This month the **Selectboard** will be meeting on **October 1, October 15,** and **October 29** at **6:30 PM** at the **Wayne Town Office**.

This month the **Planning Board** will be meeting on **Wednesday October 2 at 6:30 PM** at the **Wayne Town Office.** 

In observation of **Indigenous Peoples' Day, Monday October 14, 2019**, the Town Office will be closed. It will reopen on Tuesday October 15, 2018, during our regularly scheduled hours.

The Town's **Assessor Agent** Rob Duplisea from RJD Appraisal will be available by appointment on **Monday October 28, 2019** to answer any questions you might have about your assessment or tax bill. Please contact, the Town Office to schedule an appointment.

The Selectboard is actively seeking residents interested in serving their community on several Town Boards or Committees. Through positive volunteerism and dedicated work, you can be the conduit that energizes your community. We want you to be a part of your Town. The following Boards and Committees have vacancies: **Planning Board, Board of Appeals, Village Plan, Renewable Energy Committee.** If you are interested, please don't hesitate to contact the Town Office.

**Dog tags** will be available in mid-October. Contact the Town Office for details. For those who cannot make it to the Town Office to register their dog, you may go online to register. Go to our website: <u>www.waynemaine.org</u>, click on: "Online Services", then click on: dog image with caption "Online Dog Licensing."

Absentee ballots will be available in October for the State Referendum Election on Tuesday November 5, 2019 at the Ladd Recreation Center; the polls will be open from 8:00 AM to 8:00 PM. If you cannot attend the polls you may vote by absentee ballot by calling or visiting the Town Office or going online at: <u>https://www1.maine.gov/cgi-bin/online/</u> <u>AbsenteeBallot/index.pl</u>

# CARY MEMORIAL LIBRARY NEWS AND EVENTS

As you stock your woodpile and pantry for the coming cold months, it's also time to stock up on good reading material. Wayne's Cary Memorial Library will hold a **Fall Book Sale Wed. Oct. 23 through Saturday Oct. 26**.

We'll offer a selection of gently used books at the Cary's William House during the following open hours:

Wed. Oct. 23: 5-7 PM Thur. Oct. 24: 3-5 PM Fri. Oct. 25: 10-Noon. Sat. Oct. 26: 9-3PM After Noon, books priced at \$2.00/bag. And, for your browsing pleasure, Fall Hours: Mondays 9-1 and 3-6 Tuesday 3-6 Wednesday 2-7 Thursday 3-6 Saturday 9-3

complimentary apple cider will be served. Choose from cookbooks to gardening books, sci-fi to historical fiction, children's titles to board books and teen books, biographies to other non-fiction-- there will be something for everyone. And, If you have donations of gently used books, please drop off at the library prior to the sale. For questions call the library 685-3612.

Monday Storytime Re-Scheduled: We are rescheduling our long-standing Monday morning story time to accommodate the Pooh Bear children's new Fall schedule. Storytime will take place at 1PM Monday for the next few months. Community kids and their caregivers are invited to join us for a story or two, play around the train tale and choosing books. Every Wednesday at 3PM, we'll have Babytime for the youngest library kids (Birth-2).

Brown Bag Book Discussion Monday, Nov. 4, 12:30: Join us to discuss the Book Thief by Marcus Zusak. The Book Thief was nominated as one of America's best-loved novels by PBS's *The Great American Read*, and has been compared to The Diary of Anne Frank.

From Amazon: "*When Death has a story to tell, you listen.* It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still.

Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement." Australian author Zusak's experimental novel will make for a good discussion. All welcome to join the Nov. 4 at 12:30. Several lending copies will be available.

The Library will be closed on Monday. Oct. 14.

Lego Night will take place 6PM Oct. 23.

#### Some of Our Recent Acquisitions:

Fiction: Long Call (Cleeves); Dangerous Man (Crais); Girl Who Lived Twice (Lagercrantz); Old Bones (Preston); A Better Man (Penny); Bitterroots (Box) New Girl (Silva); Almost Midnight (Doiron); Testaments (Atwood); Land of Wolves (Johnson); Heart of Barkness (Quinn) and many more.

**Non-Fiction:** Elephant Whisperer (A. Lawrence); Great Plains (Frazier); Songs of America (Meacham); The Woman's Hour (Weiss); Nanaville (Quindlen); Frederick Douglass (Blight); Working (Caro); Leaving the Witness (Scorah) and Spying on the South (Horwitz)

Another Thank You: Our August Silent Auction was lots of fun, and when all was tallied up proceeds totaled 6183.00. Thank you to each and every one of you who donated interesting items, joined in the bidding fun, and helped make it another success. Should you happen upon some interesting item (or idea) for next summer's auction, please speak to Janet Adelberg.

# FIRST SATURDAY AT THE CARY LIBRARY'S WILLIAMS HOUSE

October 5, 9am to noon. Come check out the sale table! Enjoy our usual breakfast offerings: quiche, scones, cinnamon buns and coffee.

Bookshelves with new offerings, and the popular boutique table too. Hope to see you!

#### A NOTE FROM FRIENDS OF THE LIBRARY:

The 2019 Annual meeting for Friends of the Library will be held on Wednesday, October 16 at the Williams House. Dinner will be provided beginning at 5:30 pm and the meeting will begin at approximately 6 pm. Newcomers are always welcome to join us. Come to learn how you can get involved in supporting our awesome library!

The Friends of the Cary Memorial Library (FOL), a volunteer group, was organized in the 1980's and is open to all. Our mission is to augment the library operating budget and enrich the Cary Library's offerings.

#### PLEASE JOIN US!

Questions can be directed to Sue Spalding, FOL Chair at CMLFOLwayne@gmail.com

#### ALICE IN WONDERLAND ROOM PROJECT UPDATE

"Conversations with Alice," a program introduced by Grace Burleigh on September 22, was a fun discussion of how Alice came to Wayne, the widely studied interest in the mathematics of the book, the innovative procedures used to remove the 1932 gypsum board on which the Alice artwork had been done, and the best methods to preserve it.

Thanks to Kennebec Savings for donating \$1000 to the project, bringing us close to 80% funded. We continue to fundraise; all donations make a difference and are welcome. Please note "Alice Project" on checks and make out to Cary Memorial Library, POB 127, Wayne ME 04284. Thank you!

#### RSU 38 Maranacook Adult Ed News Lots of new classes starting soon! HiSET/Diploma Classes Ongoing Year-round

Class Name	Start Date
Auras and Chakras	10/2
Becoming a Resource Family in Maine	10/2
Biscuits/Scones	10/2
Ceramics: Beginning/Intermediate	10/3
Lock Boxes: Unlocking the Code to Success	10/3
Maine International Travel Club	10/8
The Most Fun You'll Ever Have Talking About Funerals	10/8
Introduction to Hypnosis and Hypnotherapy	10/9
Hypnosis for Stress Reduction	10/16
Living, Working and Socializing in 19th Century Readfield	10/16
Perfect Pie Crust	10/16
Wine Lovers Tour	10/19
Canvas Tote	10/24
Soups for Fall	10/21
Reiki Level Two	10/23
Hypnosis for Pain Management	10/28
MORE Essential Oils!!	10/30
Understanding Sacrifice: Mainers Who Served in War	10/30

To register, for more details, and to view all classes, go to http://maranacookmaineadulted.org or call the Adult Ed office at 685-4923 X1065.

# LOCAL EVENTS & ANNOUNCEMENTS

#### HOWARD HILL HISTORICAL PARK DEDICATION



Join the Kennebec Land Trust and the city of Augusta to celebrate the dedication of Howard Hill Historical Park. Remarks begin at 4:00 p.m. on Thursd

Historical Park. Remarks begin at 4:00 p.m. on Thursday, October 10 at the historic Gannett treehouse overlook. Plan ahead to allow plenty of time to hike into the overlook (visit our website for trailhead meeting locations and times, www.tklt.org or call 207-377-2848).

In March of 2017 the Kennebec Land Trust (KLT) transferred the 164-acre Howard Hill property to the city of Augusta. This transaction successfully completed an eight-year process undertaken by the KLT to conserve this property in perpetuity for the benefit of Maine's people and wildlife. Since 2018, the city's Conservation Commission, KLT staff, and volunteers have been constructing a new trail network in the Park.

At the time of the transfer, Augusta Mayor David Rollins noted: "This is an important day in the history of this City. Through the dedicated efforts of the folks at Kennebec Land Trust and the generosity of their donors, all Mainers, especially future generations, will reap the benefits of their work."

Judy Camuso, Commissioner, Maine Department of Inland Fisheries & Wildlife; Howard Lake, KLT Director; Bill Bridgeo, Augusta City Manager; Augusta Mayor Dave Rollins; and Andrew Silsby, President of Kennebec Savings Bank, will provide remarks at 4:00 p.m.

If you cannot attend but have questions about Howard Hill please call the KLT office at (207) 377-2848 or visit our website: www.tklt.org.

# MT. PLEASANT CEMETERY ASSOCIATION

Anyone who has family buried in this private cemetery (off the Gott Road) or owns a plot here, is a member of the Association. I am developing an email list to distribute information of interest to members. Please let me know if you would like to be on this email list.

Judy Danielson, Secretary, Mt. Pleasant Cemetery Association judydanielson@gmail.com

# WAYNE AREA GARDEN CLUB

The Wayne Area Garden Club meets January through May and in September and October at the Ladd Recreation Center at 6:30 pm (come early for socializing) on the fourth Thursday of the month. Dues are \$12.00 per household per calendar year. Everyone is welcome. We would be happy to have you join us. Fall meetings – the fourth Thursday of the month.

October 24, 2019 "The Anatomy of a Flower" with speaker Janet Crane.

Wayne Fire Dept monthly meeting - All welcome recurring the second Wednesday of every month, 6:00PM

# ARE YOU READY TO SNOWMOBILE?

The first Public meeting of the 30 Mile River Snowmobile Club will be held on Monday October 7, 2019 at the Ladd Center Wayne Maine @ 6.00.

Come have supper, join us in conversation and planning this years events. All are welcome. We are a family-based snowmobile club, come join the fun!

If you will be eating Pizza, Salad & Dessert, please RSVP to Lou-Anne @ 685-9296

Hello eager AAH people,

Aging At Home would be happy to have a few more volunteers, especially to visit the sick or people who can't easily get around. You needn't sign up



for every week. Once a month or once every 2 weeks, a visit for about an hour...that would be a great boon for several elders. These elders may easily be someone you already know. Thanks!

The next luncheon, free to anyone who cares to attend (donations accepted) will be the second Wednesday of October, the 9th, at 12 noon at the Cary Library, downstairs. Everyone is welcome.

The shredding event and the elder fair are postponed until the spring. If you care to help with these, let us know.

A woman in North Wayne is looking for someone to shovel or snow-blow her walks this winter. She already has someone to plow. She also has a snow blower that can be used by the handy person. Please, if you know of someone, let us know.

Are you interested in the topic of death? Would you care to attend a gathering to discuss the topic? To share with others your thoughts on what you know of death? On living your life in the present and choosing a positive path for it? "DeathTalk gatherings, which are appropriate for folks age 16 to 100+, occur around the world under various names. They are agenda-free conversations."

We are not talking a grief or support group, but an open discussion centered around death. Let us know if you are interested.

Winter is coming, and AAH expects requests for help from our elders. What do you need? What help would enable you to remain in your home this winter? Are you able to find people to help with your needs, or do you need suggestions of helping people?

From Spectrum Generations:

The Healthy Living for ME network is committed to improving health and wellness in communities across Maine. Through a network of local leaders including volunteers, community organizations and health systems, Healthy Living for ME delivers programs to help adults manage chronic health conditions, prevent falls, and foster well-being.

If you are coping with high blood pressure, heart disease, COPD, arthritis, diabetes or other chronic conditions, Healthy Living for ME can support your efforts to live life as fully and independently as possible. Join us for our Living Well Informational Session on October 29<sup>th</sup>, from 10:30-12:00 at the Ladd Center in Wayne to learn more about these great programs!

Tai Chi is still happening NOW AT THE LADD CENTER, from 11 AM to 12 Noon on Fridays. You don't need any special equipment, and it is free. Tai Chi is a gentle exercise which can help with well being and especially with balance. You don't need to know anything about it ahead of time. Just come! All are welcome.

There are many items to respond to in this newsletter. Please take a moment to call or email with your responses. Thank you so much!

Pam Chenea, Coordinator Aging At Home, Wayne berryponder@gmail.com 207-685-9378

Give a shout out to Carson Dalheim who just got engaged to Miss Sarahjane Call from Dallas Texas. No date yet. One step at a time.



# LOCAL BUSINESS ANNOUNCEMENTS

October is still a great time for fly fishing. Beautiful weather and colorful foliage can make the experience one to remember.

Perhaps a **guided fly fishing trip** might be just the thing during this colorful time of year.

Registered Maine Guide, Jeff Ireland,

offers highly personalized and professional guide services for the novice to the experienced angler.

A guided fly fishing adventure could be the perfect way to enjoy those things that make October in Maine so special.

Email Jeff at <u>maineflyfishingguide@gmail.com</u> or call at (207) 931-7677

REGISTERED MAINA GUIDE

Visit us at <u>www.maineflyfishingguide.com</u>

# AT YOUR SERVICE

No job too small. Home maintenance and repairs in Wayne and surrounding areas. Looking for interior and exterior projects, painting, carpentry, wallpaper removal, etc. Have a truck for light hauling.

Norman Barris (207) 685-3252/(207) 557-0844



Full service redemption center. We do large orders! BBQs, Holidays, Reunions & Company events. Fresh lobster meat, lobster, scallops, shrimp and clams, fresh haddock Thursday– Saturday.

PLEASE CALL AHEAD FOR LARGE ORDERS!

We will cook your lobsters and clams for free.



Bittersweet Antiques will be opening May 1st. to kick off our ninth season. We will continue to offer a variety of primitive, country, cottage, and fine antiques that have been gathered from Maine and other states in New England.

We have expanded our inventory to include some larger upscale furniture as well as interesting accent pieces such as hand carved birds that are signed and dated. We are also offering a selection of "Mantiques" which will include antique toys, advertising, and gas & oil items.

You will find a wonderful selection of painted pine dressers and other accent items that will add a touch of charm to your home or summer cottage.

All major credit cards are accepted as well as personal checks and cash. I also provide free delivery to all of my neighbors and local residents. Out of state shipping and delivery can also be arranged.

We are open throughout the week by chance or by appointment and regular business hours Friday through Sunday from 10-5. You can always call me anytime on my cell phone to schedule an appointment. I am also a cash buyer for antiques or

ad or having a yard sale, or selling a home and I'll come right over with cash.

Bittersweet Antiques 550 Main St., Wayne, ME 04284 bittersweetantiques@yahoo.com 207-685-5338, 954-646-3321 cell#



"Functional Fitness Workouts" & Personal Training Services

Want greater strength, energy, and stamina that you can carry into your day-to-day life? Or how about being able to perform your usual tasks, and then some, with grace and ease (without necessarily doing super-intense cardio or heavy lifting)? Fitness training can be fun, energizing and empowering!

Local longtime health/fitness professional, Trish Hanley-Goodwin, specializes in "movement that matters" – or functional fitness conditioning that prepares the body for reallife movement and activities that you might do at home, at work, or in recreational sports. While using various muscles in the upper and lower body at the same time, functional fitness exercises also emphasize core stability. Flexibility, mobility and balance get improved at the same time. You become more ablebodied, your self-esteem soars, and this improvement in your daily functional capacity helps you move more comfortably, burn more calories... promoting relaxation.

Trish has a boutique studio located at 787 Main St., Wayne, aka **Tigress Training, LLC**, and offers 1:1, duet and small group customizable personal training services.

This fall she will be offering a series of "Strengthen/Lengthen Sessions" – must join interest list and/or purchase "punch pass" to participate. For more info, contact Trish at patriciahanleygoodwin@gmail.com or 207.441.5641.

wayneumc.com

# LOCAL BUSINESS ANNOUNCEMENTS



672 Main Street Wayne ME 04284 685-0065

Owners Stacy & Derek Cobb

Hot & Cold Subs	Agency Liquor Store	Misc. Grocery Items
Pizza & Salads	Maine Gifts	Fuel
Beer & Wine	Hardware	

**Everyday Meal Deal:** Meat and cheese on Texas toast with a small bag of chips and a canned soda for \$5.99 tax and dep included

#### **October Specials**

Monday: Dagwood, canned soda, chips \$8.99

Tuesday: Saucy Cheese Burger & F.F. (secret sauce, lettuce, onion, pickles) \$6.99

Wednesday: Hot ham hoagie with tomato & bacon \$7.99 Thursday: Roast beef sub with Pepper Jack \$5.99 Friday: Soup of the day \$5.99

> Hours: Sunday 7:00 a.m. - 8:00 p.m. Monday - Thursday 6:00 a.m. - 8:00 p.m. Friday & Saturday 6:00 a.m. - 9:00 p.m.



#### A Lakeside Studio Pottery

Open Thursdays – Sundays 10-4 Or call- We are always happy to open (if we are available)! 207 685-8123 mlhodd@roadrunner.com 12 Cedar Point Road, Wayne www.alakesidestudiopottery.com

# WOOD AND METAL WORKS

Woodworking, Metal working New Work and Repairs PAUL CHENEA 207-344-5849

# A SMALL TOWN BAKERY CAFÉ

AT WAYNE GENERAL STORE HOURS MONDAY - SATURDAY 7AM-3PM SUNDAY 8AM-3PM

CELTIC JAM 1ST FRIDAY OF EVERY MONTH

#### Breakfast

French Toast, Omelets, Eggs, Homefries, Bacon, Ham, Sausage, Avocado Toast, Lox of love come in sit and relax

> **Lunch** Deli Sandwiches Soups Comfort Food

We have a great selection of Wine and Local Beer!

### JOHNNY'S AUTO

Johnnys Auto 58 Fairbanks Road Wayne, Maine 04284 Tel- 207-685-9296 In Business Since 1976 All Inspections Free Tire Rotations every other of Alignments-Great prices on most



Free Tire Rotations every other oil Change Alignments-Great prices on most brand name tires, brakes, tune-ups, etc.

### WTS TREE EXPERTS

Residential Snow Plowing and Sanding in Wayne, Winthrop & Monmouth



Bucket Work, Climbing, Tree Pruning, Tree Removal, Brush Control, Hazardous Limb Removal, Emergency Storm Damage & Clean Up, and Utility Line Clearance (power lines) \*Free Estimates\*



Complete Tree Care Fully Licensed & Insured Arborist Lic #FCL&U1074 Board of Pesticides Control Lic #CMA3603/6A 6B

# GREY GOOSE GOURMET



Open through mid-October. We will be open most days, 9-5. You'll find over 15 pepper jelly varieties available for sale and sampling including our

newest additions, "HOT Blue" and "F.R.O.G." (Figs, Raspberries, Orange, and Ginger). Our friendly greeters, Cocoa, a chocolate lab and daughter, Hennie, a labradoodle, may give you a warm welcome as you come up the driveway. save-the-date for the annual Wayne Village Holiday Stroll happening on Saturday and Sunday, December 7th and 8th, 2019. More information coming in the



#### Classic Cars Wanted!

November issue.

Paying top dollar for older classic cars. MG, Triumph, Porsche, Alfa Romeo, Mercedes Benz, Austin Healey, Jaguar, VW Beetles, VW Vans, Corvettes. All conditions considered.

I am a cash buyer. Paul Householder phousecar@bellsouth.net, (954) 646-3321



Ronald J. Trahan, CPCU General Manager/Account Executive – Quirion Insurance Agency

Gosline Insurance Group

114 State Street | Augusta, ME 04330

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A long time summer resident of Wayne with more than 20 years of experience in commercial, personal, and health insurance. Call me to see how I can help you find the insurance that is right for you.

WAYNE COMMUNITY CHURCH UNITED METHODIST PO Box 300 Wayne, ME 04284

ADDRESS SERVICE REQUESTED \*\*\* Church and Town News\*\*\*

# THE WAYNE MESSENGER OCTOBER 2019

NON-PROFIT U.S. POSTAGE PAID AUGUSTA, ME 04330 PERMIT #77



		ОСТО	BER 2019 CALENE	DAR		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 6:30 PM SPRC 6:30 PM Selectboard Meeting	2 3 PM Weekly Babytime at Cary Library 6:30PM Planning Board Meeting	3	4 11AM-noon AAH Tai Chi at Ladd Rec.	5 9 AM- Noon Firs Saturday at the Cary Library's Williams House
6 9:30AM Worship with Coffee following the Service, thanks to the Outreach Committee.	7 1:00 PM Weekly Storytime at Cary Library 6:00 PM 30 Mile River Snowmobile Club Meeting at Ladd Center	8	<ul> <li>9</li> <li>Noon AAH Luncheon at the Cary Library</li> <li>3 PM Weekly Babytime at Cary Library</li> <li>6:00PM Wayne Fire Dept monthly meeting</li> </ul>	10 6:30 - 8PM Choir Practice 4:00PM KLT's Howard Hill Historical Park Dedication	11 11AM-noon AAH Tai Chi at Ladd Rec.	12
13 9:30 AM Worship with Guest Preacher Jordan Shaw	14 Indigenous Peoples' Day Town Office Closed and Cary Memorial Library Closed	15 6:30 PM Selectboard Meeting	<ul> <li>16</li> <li>3 PM Weekly Babytime at Cary Library</li> <li>6:00 2019 Annual meeting for Friends of the Library will be held on the Williams House. Dinner at 5:30</li> </ul>	17 6:30 - 8PM Choir Practice	18 11AM-noon AAH Tai Chi at Ladd Rec.	19
20 9:30 AM Worship Laity Sunday Guest Speaker Jim Van Cott of our Lay Leadership Committee. Coffee follo wing the service, thanks to the committee members.	21 1:00 PM Weekly Storytime at Cary Library 6:30 PM Ad Council	22	<ul> <li>23</li> <li>3 PM Weekly Babytime at Cary Library</li> <li>5-7PM Cary Library Fall Book Sale</li> <li>6PM Lego Night at Cary Library</li> </ul>	<ul> <li>24</li> <li>3-5 PM Cary Library Fall Book Sale</li> <li>6:30PM Wayne Area Garden Club Meeting at Ladd Rec.</li> <li>"The Anatomy of a Flower" with speaker Janet Crane.</li> <li>6:30 - 8PM Choir Practice</li> </ul>	25 11 AM-noon AAH Tai Chi at Ladd Rec. 10-Noon Cary Library Fall Book Sale	26 9AM-3 PM Cary Library Fall Book Sale. After Noon, books priced at \$2 a bag
27 9:30 AM Worship	28 8AM-4PM Town's Assessor Agent avail. by appt 1:00 PM Weekly Storytime at Cary Library	29 6:30 PM Selectboard Meeting 10:30-Noon AAH Living Well Informational Session at the Ladd Center	30 3 PM Weekly Babytime at Cary Library	31 6:30 - 8 PM Choir Practice	1 11AM-noon AAH Tai Chi at Ladd Rec.	2 9AM- Noon First Saturday at the Cary Library's Williams House